



JEEVAN JYOT EDUCATIONAL CHARITABLE TRUST

# REENA MEHTA COLLEGE

## of ARTS, SCIENCE, COMMERCE & MANAGEMENT STUDIES

Affiliated to University of Mumbai | NAAC Accredited B Grade with 2.41 CGPA | ISO 9001:2015 | Gujarati Linguistic Minority  
Section 2 (f) of the UGC Act 1956

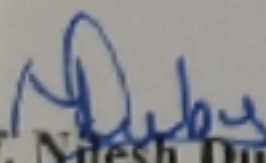
Date: 23<sup>rd</sup> June, 2021

### "Report on "International Yoga Day"

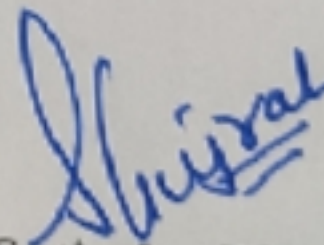
On 21st June 2021 "International Yoga Day" was celebrated in Reena Mehta College at 11 am o' Clock. All the students of Degreehad participated in the 'International Yoga Day'. There are more than Fifty (50) Participated in 'Yoga Day'.

We appointed Mrs. Kim Doshi as a Yoga Teacher. She is Mahamantri of Patanjali Yoga Samiti. She told the information of yoga in our day-to-day life. The Yoga trainer Mrs. Kim Doshi given us valuable guidance to the students. The exercise was good and useful to the students. All Students were excited and energetic. Some of our teacher and students had shown us Yoga by following instruction given by the trainer. We all celebrate the YOGA DAY with lot of eagerness and joy.

It's a very interesting Day for all of us. The experience we got was really amazing and important.

  
Prof. Nitesh Dubey

Co-ordinator - N.S.S Cell

  
Dr. (Mrs.) Satinder Kaur Gurjal

( I/C Principal )

