

Date: 23rd June, 2022

“Report on “International Yoga Day”

On 21st June 2022 “International Yoga Day” was celebrated in Reena Mehta College at 11 am o’ Clock in the college campus. All the students of Degree had participated in the ‘International Yoga Day’. There are more than Twenty-five (25) Participated in ‘Yoga Day’.


We appointed Mrs. Kim Doshi as a Yoga Teacher. She is Mahamantri of Patanjali Yoga Samiti. She told the information about yoga in our day-to-day life. The Yoga trainer Mrs. Kim Doshi gave us valuable guidance to the students. The exercise was good and useful to the students. All students were excited and energetic. Some of our teachers and students had shown us Yoga by following instructions given by the trainer. We all celebrate the YOGA DAY with a lot of eagerness and joy.

It’s a very interesting Day for all of us. The experience we got was really amazing and important.



Prof. Nilesh Dubey

Co-ordinator - N.S.S Cell



Dr. (Mrs.) Satinder Kaur Gurjal
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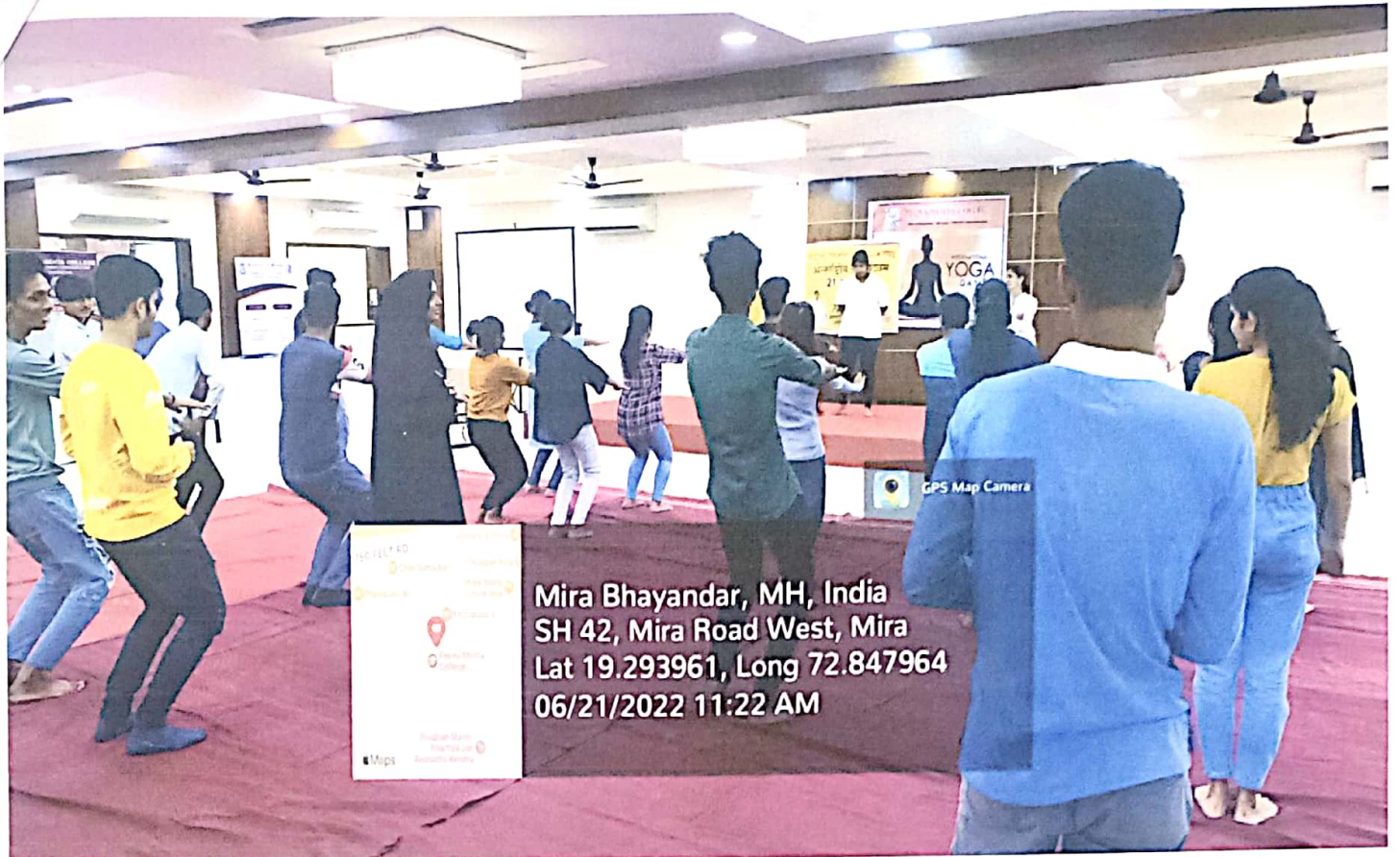
REENA MEHTA COLLEGE

of ARTS, SCIENCE, COMMERCE & MANAGEMENT STUDIES

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