

ACTIVITY REPORT 2022 - 2023

DEPARTMENT OF BANKING & INSURANCE

Part A) Information about Organizing Team

IQAC ACTIVITY No: C7/SH22/DBI09

NAME OF THE ACTIVITY: Awareness program on World Suicide Awareness Day			
DATE	DEPARTMENT	COMMITTEE	COORDINATOR NAME
10/09/2022	Banking & Insurance	_____	Mr. Darshan Joshi
DURATION	VENUE	PARTICIPANTS (Nos)	NATURE: Outdoor/Indoor
2 hours	Auditorium		Indoor
NAME OF THE SPEAKER/ ORGANIZATION		CONTACT DETAILS OF THE SPEAKER/ ORGANIZATION	
Mr. Darshan Joshi		7208748587	
Mrs. Minu Khan		7350105318	
FACULTY SUPPORT:	1. Mr. Darshan Joshi	2. Ms. Abeda Shaikh	
	3. Mrs. Minu Khan	4. Mr. Frank Remedios	
	5. Ms. Vishakha Pandey	6.	
STUDENT SUPPORT:	A. Shivam Pandey	B. Athava Surve	
	C. Nikhil Ghadge	D. Teesha Thakur	
	E. Farheen Shaikh	F. Disha Motae	
	G. Khush Barsiwal	H. Rohit Badrike	
	I.	J.	

Part B) Brief Information about the Activity (CRITERION NO. -7): 7.1.1

TOPIC OF THE ACTIVITY	Awareness program on World Suicide
OBJECTIVES	<ol style="list-style-type: none">1. To create awareness among the youth about the prevention of suicide.2. To motivate students to create awareness among family, friends, and peer group members on the prevention of suicide.
METHODOLOGY	Act performance
OUTCOMES	<ol style="list-style-type: none">1. Learners are aware of the number of suicide cases in a year.2. Learners are informed about concepts like mental health and emotional stability.

Part C) Proofs & Documents Attached (Tick mark the proofs attached):

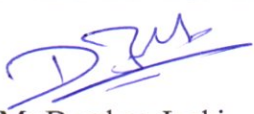
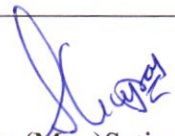

1. Directions by Authority	✓	6. Activity Report		11. Account Settlement
2. Proposal Note		7. Brief Profile Guest		12. News Material
3. Approval Letter	✓	8. Attendance Gender/Sem/Course		13. Feed Back Report
✓ 4. Notice & Schedule		9. Certificate		14. Any Other
✓ 5. Organising Committee	✓	10. Geo-tagged Photographs		

Part D) Social Media:


Web Site		Twitter		Instagram		Facebook	
Signature & Date		Signature & Date		Signature & Date		Signature & Date	
DOS	DOP	DOS	DOP	DOS	DOP	DOS	DOP

Part D) IQAC Cell:

IQAC Cell Activity Number:

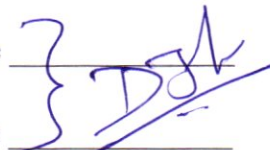
NAME & SIGNATURE OF COORDINATOR	NAME & SIGNATURE OF PRINCIPAL	IQAC Documentation	IQAC COORDINATOR (SEAL & SIGNATURE)
 Mr. Darshan Joshi	 Dr. (Mrs.) Satinder Kaur Gujral	Total Pages = 05	

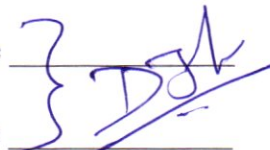
NOTE: - The report has been scanned and submitted.

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Date: - 10/09/2022

Event Report

NAME OF THE ACTIVITY: Awareness program on World Suicide Awareness Day

Name of the Programme: - Bachelors of Commerce (Banking & Insurance)

Batch: - 2022-2023

Semester: - I, III and V

Section: -

Duration: - 2 hours

The Department of Banking & Insurance conducted a Suicide Awareness Campaign for all students on 10th September 2022 on account of 'World Suicide Prevention Day' which is observed every year on same day.

The students of B.Com (A&F) and B.Com (B&I) had an act performance on suicide for creating awareness on suicide among the students.

The main objective of the campaign was to create awareness among the students as the suicide rate among them has been increasing as per the statistics.

While explaining the types of people committing suicide, he categorized them into Idolators, who simply think of suicide, Attempters, who attempt suicide but remain unsuccessful, and Completers, who commit suicide and die. We referred to Thomas Joiner's theory, which concluded that a simple desire for suicide is necessary but is not completely sufficient for committing suicide. One needs to acquire the capacity to suicide, by coming to the life-saving instincts to succeed in the act.

During the campaign, they explained the difference between physical and mental health and how one can distinguish between the two. The team advised the students to 'talk it out' during times of stress and depression.

They also explained how stress could be put forth in a productive way or a counterproductive way. Further, the team discussed the preventive measures to be taken which highlighted the importance of identifying individuals with signs of withdrawal or feeling tensed all the time.

At the end of the campaign, they showed a motivational video to each school along with the suicide prevention helpline number which can be put up on the notice board.

Regards

Signature:



HoD - Mr. Darshan Joshi

Dept. Accounting & Finance and Banking & Insurance

Event Report

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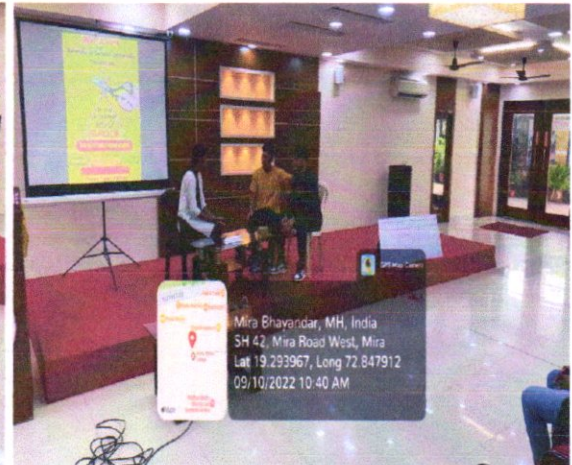
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Regards

Signature:

HoD - Mr. Darshan Joshi

Dept. Accounting & Finance and Banking & Insurance


I/C Principal
Reena Mehta College of Arts, Science
Commerce & Mgt. Studies
Bhayandar (West), Dist. Thane 401 101

