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7. Production of Cost Effective, Biodegradable, Disposable Sanitary Napkins using Banana Fibres

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Abstract

Women all around the world use sanitary napkins for menstrual protection. In India, only small percentage of women uses sanitary napkins. The main reason for such a low number relates to the affordability of the people. Sanitary napkins that are available now are non-biodegradable and also cause severe infections there by affecting women's health. To overcome this challenge, sanitary bio napkins are made from natural materials. In the present study, naturally available cheap materials like banana fiber and cotton which are easily available, biodegradable and cost effective were used. Another advantage of using the natural materials was their characteristics like porosity and retention of fluid for a longer time. Manufacturers also add chemicals in the scented napkins that can cause complications not only the women who is wearing it and also to the babies during embryonic development. The results indicated that the napkins are ecofriendly and it shows no negative effects to women around the village.

Keywords: Menstruation hygiene, Eco-packaging, pain alleviating, Biodegradable, Bio napkins, Banana fibers.

Introduction

Nowadays everybody is concerned with creating the eco-friendly environment by reducing the environmental problems and nature pollution. Besides, health and hygiene is also very much important for human beings. Among these, healthcare wastes are the major pollution

that will create deliberate complications to the humans. One major problem is the manufacturing and clearance of sanitary napkins. The napkins produced by the companies which are not degradable and unsafe for women's. Women place these napkins next to the most delicate and absorbent tissue in our body. Women spend at least 20% of their life with these sanitary napkins. India being a developing country, having 1.34 billion populations, in those 323.6 million peoples is female between the age group of 15-49 [7]. In previous years, papyrus, Moss, grass, Bandages were used during menstrual time and these materials can causes Irritation, Itchiness Skin rashes, allergy and lead to very serious health problems due to the presence of micro-organisms. . In the present study, an attempt has been made to produce sanitary napkins from banana fiber, a natural absorbent fiber. It is expected that incorporation of banana fibers grant antibacterial property and improve the retentiveness. Other important properties like antioxidant, bio degradable, UV protection, weather protection. It has no negative effect on environment and it is considered as eco-friendly fiber.

Materials and Methodology

A. Materials

Sanitary napkins contain multilayered structure and each layer should have some specific function. Banana fiber, organic cotton, muslin cloth and canvas cloth were used as a source of material. Banana fiber is naturally occurring material and completely degradable and poses no side effect to humans and environment. Organic Cotton as top layer is one the generally prompted crude material in napkin due to its non-aggravation, tissue-friendly and prevalent fluid maintenance properties. Cotton material keeps away moisture and keeps skin dry and make skin comfort.

Fig 1: Materials

Component	Function	Material
Hybrid top sheet	Allow fluid to penetrate Skin-friendly Rash free	Cotton non-woven Fabric Banana fibre Canvas Cloth
Absorbent core	Absorption of fluid Retention of fluid	Cotton Banana fibre
Barrier sheet	Prevent leakage	Biodegradable plastic

B. Methodology

1. Preparation of Banana Fiber Sheet

The banana fibers are extracted from the stem of the banana tree and was cut into tiny pieces. The small banana fiber pieces were taken in the vessel or beaker and allow it to boil with water for an hour. To this, sodium hydroxide was added. Later, it was filtered using a filter paper and the mixture was poured onto a mold of a required shape and let too dry under sunlight for a day. The banana sheet is formed after drying.

2. Softening of Canvas Cloth

Canvas cloth is used as a top layer in the sanitary napkin. It is usually used in making collar of shirts to maintain stiffness. To remove the starch from the cloth we have to soften by scrubbing it with brush so that the pore size will be increased and this also increasing the pore size of the cloth.

3. Layering of Sanitary Napkin

Sanitary pad comprises of multilayered structure in which each layer have explicit capacity to perform [1]. The Banana fiber sheet is wrapped up with organic cotton which is covered with Muslin cloth. The whole setup is again wrapped up with a Canvas cloth.

CANVAS CLOTH
COTTON
BANANA FIBRE
COTTON
CANVAS CLOTH

Fig 2: Napkin Layout

C. RESULTS

1. Survey : A survey was taken by students of S.Y.B.Sc. students from *Reena Mehta College Of Arts, Commerce, Science And Management Studies*. According to our survey, women prefer napkins that have absorbance of 3-4 hours and they are willing to try different brands that are chemical free. The output was documented.

The Survey Pictures are as Follows

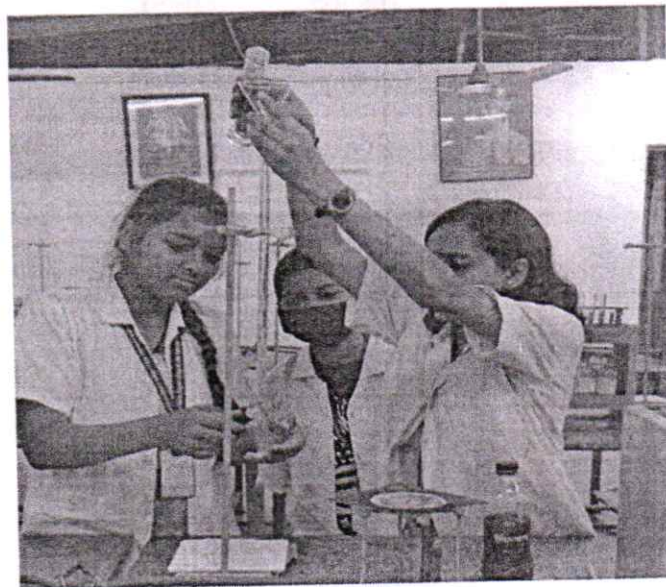
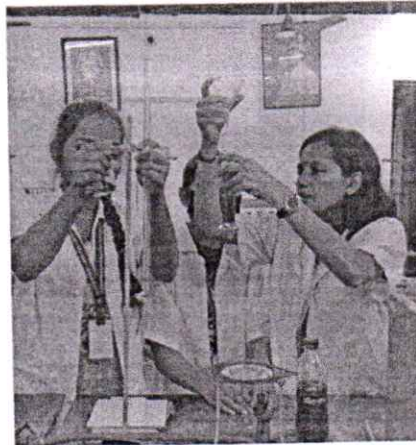


Fig 3: Field Surve

2. Extraction of Fiber

- Extraction of banana Fiber from the pseudo stem of the plant was done manually.

Images as Follows

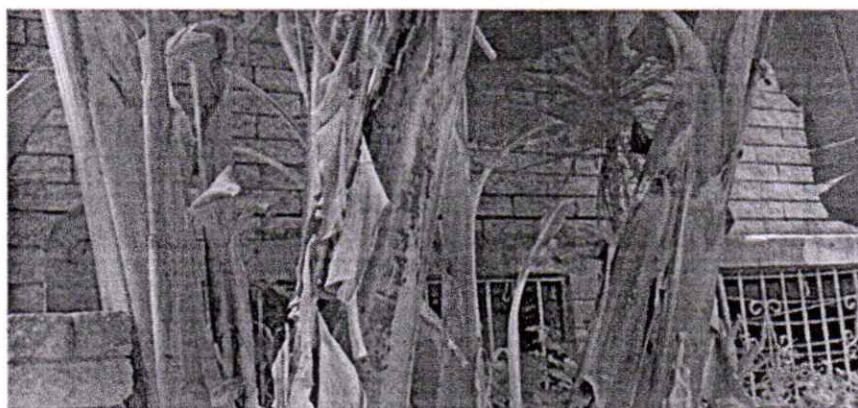


Fig 4: Extraction of Fibre

3. Packaging of Napkin

The organic cotton was placed on to the thin banana sheet and then it was covered by the muslin cloth. The softened canvas cloth was used to wrap the entire sheets and then the corner of

the canvas cloth in the napkin was allowed to stick using heat or else stitches can be made in the corner of the napkin.

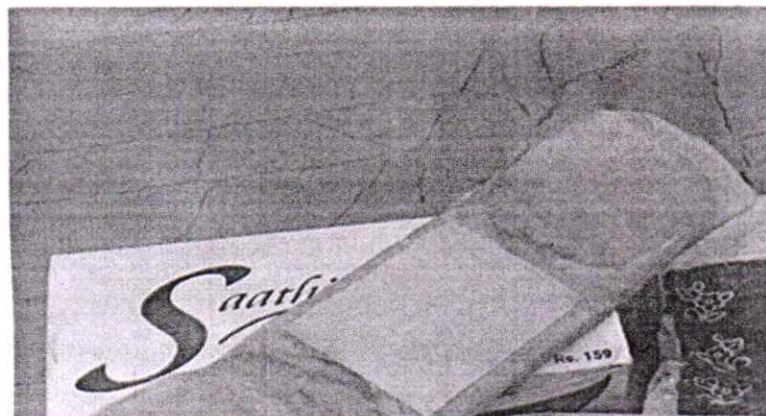


Fig 6: Sanitary Napkin

4. Testing of Parameters

The primed napkins after UV Sterilization were tested by the researchers who developed the product and the results were good and then the samples were distributed to others.

PARAMETER	OBSERVATIONS
Absorbance capacity	25 ml of goat blood was absorbed when flowed on the centre of the napkin. No stain or spillage will appear at the base or sides of the sanitary napkin
Acidity and Alkalinity	pH 7.5-8.5
Fluorescence	No Fluorescence
Dispersibility	Fragmented into pieces when immersed in water within 6 minutes
Size of the sanitary napkins	Small size: 200 mm Large size: 260 mm

Conclusion and Future Work

Recently, natural resources are gaining attention in solving the problems faced by the people around the world. This study proved that the replacement of non-degradable material with the biodegradable material for developing hygienic feminine products is ecofriendly and cost effective. Use of natural material in napkins will be cost effective and it can be affordable by the

lower income people. Using this technology, we can find a suitable solution to make the world better for future generation.

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